Adapted from "Disability Awareness and History" Curriculum developed by the New Mexico Young Disability Leaders

1. What is "universal design?"

- Universal design means accessible for all!
- For example, a wheelchair ramp works for people with baby strollers.
- Another example is: people who are deaf use captions or words that are on the bottom of a TV or movie screen. Also, some people who are not deaf use captions to understand the show better.
- Universal design benefits all people.

2. What does "accommodation" mean?

• Accommodation is the act of adjusting an environment to adapt to the person's needs. For example: to make space at a table for a person using a wheelchair.

3. What are "assistive technology devices?"

- Assistive technology devices help a person to complete a task or activity with the aid or help of an object or electronic device.
- There are low-tech assistive technology devices such as a bendable straw as it is low in costs.
- Also, there are high-tech assistive technology devices such as a pac mate and video phones as they are high in costs.
- Low-tech and high-tech assistive technology devices help a person with disabilities to complete daily life tasks or activities.



Low Tech Example (Pen and Paper)



High Tech Example (Pac Mate)