

What is the New Mexico Center for Self-Advocacy?

The New Mexico Center for Self Advocacy is a place for individuals with disabilities. It is a meeting place where you can work on issues related to disabilities, attend classes and workshops, make friends, become empowered and have fun.

Our goal is to support people with developmental disabilities.



Who is eligible?

The New Mexico Center for Self Advocacy welcomes anyone with a developmental disability who is interested in learning about self advocacy and sharing their knowledge, talents and experiences with others.



NEW MEXICO
Developmental Disabilities
Planning Council

New Mexico Center for Self Advocacy
2340 Menaul NE, Suite 100
Albuquerque, NM 87107









*A program of the
Developmental Disabilities Planning Council*



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What are developmental disabilities?

-  Developmental Disabilities are defined by federal law as severe, chronic disabilities that:
-  Are caused by a mental or physical impairment or a combination of the two
-  Are evident before the person is 22 years old
-  Are likely to continue indefinitely
-  Result in substantial functional limitations in 3 or more of the following life activities:
 1. Self care
 2. Receptive and expressive language
 3. Learning
 4. Mobility
 5. Self-direction
 6. Capacity for independent living
 7. Economic self-sufficiency
-  Require individual planned and coordinated supports and assistance of lifelong or extended durations.



What does the New Mexico Center for Self Advocacy do?

The Center is a place to:







-  Learn more about the rights of people with disabilities
-  Learn how to advocate for yourself and others
-  Become more self determined
-  Develop leadership skills
-  Learn public speaking skills
-  Get support
-  Discover how to create positive change in your life
-  Hear about conferences and meetings
-  Share your knowledge with others
-  Make friends
-  Have fun
-  Become Empowered!

How much does it cost?

Here's the best part: joining the Center is free. In fact, self advocates receive a stipend for the work they do at the Center.



Join the Center for Self Advocacy and you will be a part of a community that will:

-  Join a self advocate group such as People First.
-  Attend conferences, meetings and social events
-  Volunteer your time and abilities
-  Educate others about your abilities and needs
-  Make friends
-  Get involved in social activities

Contact us for more information:

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