

"CALLING ALL ADVOCATES" November 2015

What's happening in the disability community in New Mexico.

Unite in support of the *DDPC* and our goals of Advocacy, Capacity Building and Systems Change

The *Developmental Disabilities Planning Council* (*DDPC*) is a group of individuals including self-advocates, family members, professionals, employees and dedicated individuals uniting for one mission. Our mission is that the *New Mexico Developmental Disabilities Planning Council* will promote advocacy, capacity building, and systemic change to improve the quality of life for New Mexicans with developmental disabilities and their families. For more in-depth information on the *DDPC*, take a look at <u>our</u> council's seven goals.

[contents of the content of the c

Recent DDPC COUNCIL News

The Program Committee of the Developmental Disabilities Planning Council NEEDS **YOUR INPUT** on the priorities for the next 5 years.

We have created a Survey Monkey for the **survey**. It takes 2 to 3 minutes to do. Please fill it out and spread the link to as many people as possible. Click on this link: <u>https://www.surveymonkey.com/r/5WYSJ57</u> We need your input by December 10th, 2015. Next Council Meeting is scheduled January 7 & 8, 2016.

If you are a **self-advocate or family member** and would like to apply to be on the **Council**, <u>Click Here</u>

November Events Contact <u>Daniel</u> to include your upcoming events



The Center for Self Advocacy - DDPC Open House with Refreshments November 30 from 4-7 pm

- It will be held at our office at 625 Silver Av. SW Suite 100 in downtown Albuquerque.
- Come see the results of our Fall Class and the answer of our advocates to the question, "What does a meaningful life look like?"
- Network with people throughout the Disability Community
- Stop by and visit the Guardianship and CSA offices
- Find out more about the *Guardianship Program* and the *Center for Self Advocacy*
- Come to celebrate the end of another successful Fall Class



- The CSA gave a presentation at the Southwest Conference on Disability called, "Why Self-Advocacy Matters When You Leave School."
- Staff participated in a training called "Lessons Learned from the ADA" at the Southwest Conference on Disability.
- New Mexico Allies for Advocacy conducted their quarterly board meeting and gave a presentation updating their progress at the Southwest Conference on Disability.
- The **CSA** gave a presentation at **Rio Grande High School** called **Self Advocacy and Knowing Your Disability**. The presentation was well received and there are discussions about a follow up presentation for the students.
- The **CSA** and **Parents Reaching Out** collaborated to conduct a presentation at **The Arc of Southern New Mexico in** Anthony about how to tell your story effectively at the Legislature and in public meetings.
- The **CSA** conducted a presentation for the first **Partners in Policymaking** class about the organization and the experiences of the staff in the self-advocacy movement.
- Staff conducted a disability awareness training for the youth at St. John's XXIII Catholic Community. They want the CSA to conduct another presentation at some point in the future.
- The CSA has continued to collaborate with New Mexico Allies for Advocacy

and the Southwest Alliance on Technical Assistance Project.

- For November, the **CSA** is in discussions to conduct a presentation at a local elementary school as well as a junior high and high school in Artesia.
- The CSA has also begun collaboration with Parents Reaching Out on its "Forward to 14" transition workshop series.

Fun Activity/Fact of the Month



Singing for Shelter Concert for Homeless Youth at Rio Grande Theatre

- Saturday, **November 14, 2015** 7:30 PM - 9:30 PM
- 211 North Main Street Las Cruces, 88001
- Singing For Shelter is an inspirational musical and visual journey in concert format to benefit CASA Q providing safe living options and services for Homeless LGBTQ youth throughout the state of New Mexico.
- The Concert was conceived by Domenic Metta, Producer, after the tragic murder of his partner during a home invasion in 2011 as a memorial tribute.
- Singing For Shelter will be held at the Rio Grande Theatre on Nov.14th at 7:30PM.
- Tickets are available at <u>www.riograndetheatre.com</u> or by calling 575-523-6403. Balcony Tickets \$22.00, Orchestra Tickets, \$28.00
- For additional information email:singingforshelter@outlook.com.



For any outdoor enthusiasts with disabilities, here is a chance to make your voices heard. The following message is from the director of New Mexico State Parks

Dear Outdoor Enthusiasts:

NM State Parks wants to hear from YOU! We are asking you to voice your comments and concerns on 'VIVA NEW MEXICO: A Statewide Plan for Outdoor Recreation" (SCORP) Draft.

http://www.emnrd.state.nm.us/SPD/scorp/documents/151002_VivaNewMexicoDraftStrate gicPlanforweb.pdf

"VIVA NEW MEXICO" is a strategic plan that identifies the priorities and actions for our outdoor recreation resources that will have the greatest impact on New Mexican's lives economically and physically. We want to hear about your needs and desires for outdoor recreation so we can target our financial resources to have the greatest impact. In the SCORP process, we have identified many options to achieve these goals and we're asking you to tell us which are most important to you! Here are the key themes:

- o Health
- o Community livability
- o Economic vitality
- o Environmental health

We would greatly appreciate if you would take a look at the document and then take the survey linked below to help us prioritize the proposed action items so we can target our resources to the things that mean the most to you in the outdoor recreation arena. Go to: <u>http://www.surveygizmo.com/s3/2377177/Viva-New-Mexico-Commentsall</u> comments must be received no later than Friday, November 13, 2015.

Thank you for your participation!

Christy Tafoya NM State Parks Director



Partners for Employment presents: How to Recruit, Hire and Train a Job Developer - Various Locations and Dates (November 2 - 6)

- Doug Crandell will train on techniques for recruitment and qualities to look for in hiring a successful job developer utilizing the knowledge, skills and abilities of the Office of Disability Employment Competency Model.
- It costs \$25 per person
- You can register online at <u>www.cdd.unm.edu/PFE</u>

 If you have questions, contact Contact Pamela Stafford, Education and Outreach Program Manager at <u>pstafford@salud.unm.edu</u> or Rebecca Roybal, Communication and Outreach Specialist at <u>raroybal1@salud.unm.edu</u>.

The events will take place at these various locations from 9:00-2:00 pm:

- At the CDD at 2300 Menaul Blvd in Albuquerque in **November 2**
- At Dona Ana Community College at 3400 S. Espina St Room 118 in Las Cruces on November 3
- At Eastern New Mexico University Library at 1500 S Avenue K Station 54 in Portales on November 4
- At San Miguel County Building at 500 West National Avenue Suite 201 in Las Vegas on November 5
- At San Juan Center for Independence at 1204 San Juan Blvd in Farmington on November 6



The Fundamentals of Brain Development Webinar - Fundamentals of Brain Development -Thursday, November 5 from 12:00-1:00 pm

- This webinar presents fundamental information on typical and atypical brain development.
- Learn about main events involved in neural development
- Learn about how these events contribute to the development of cognitive processes
- Learn about anomalies in brain
- Dr. Piyadasa Kodituwakku and Nancy Lewis will be conducting the webinar.
- Go to <u>https://events-na3.adobeconnect.com/content/connect/c1/996387906/en/events/event/shared/1643229667/event_landing.html?sco-id=1643220717& charset_=utf-8 to register.</u>



Skills for Effective Parent Advocacy Seminar -November 10 from 1:00-3:00 pm

- Learn what advocacy means.
- Find out about the six skills required for effective advocacy.
- Practice using effective communication skills.

- Discover how to resolve disagreements
- This event will take place at Parents Reaching Out at 1920 B Columbia Rd in Albuquerque



Special Education Clinic - November 12 - 2015 from 9:00-2:00 pm

- Learn advocacy and communication strategies
- Learn about the IEP process and requirements
- Learn about IDEA and how to navigate Federal Regulations
- This workshop is presented by Parents Reaching Out and Disability Rights New Mexico
- Lunch will be provided
- The event will take place at the Las Cruces Public Schools Building at 505 S Main Room 243



Navigating the NM Service System Events - Thursday, November 12 from 6:00-7:00 pm

- The topics for this presentation will include education, interventions, funding (Medicaid, private insurance, DD Waiver and SSI).
- A discussion with the community will be welcomed, questions answered and resources offered.
- 5 contact hours, Certificate of Attendance provided; CEU's approved by the New Mexico Therapy and Practice Board Provider #0086741; others please check with your New Mexico Licensing Board. All certificates will be provided at the end of the training day.
- This event will be held at the *Center for Development and Disability* at 2300 Menaul Blvd. NE in Albuquerque
- This is a no-cost training, however registration is required. Incomplete registrations cannot be guaranteed admission to the event. (Please print or record your confirmation information.) Direct all questions to Liaser Perez, Training Support Coordinator, LiaserPerez@salud.unm.edu.



SibShop - November 14 from 10:00-2:00 pm

- Sibshops are for the family member who will have the longest-lasting relationship with a person who has a disability, the sibling.
- Sibshops are pedal-to-the-metal events where they will meet other sibs (usually for the first time), have fun, laugh, talk about the good and not-so-good parts of having a sib with special needs, play some great games, learn something about the services their brothers and sister receive, and have some more fun.
- Sibshops are hands on workshops for sibs, ages 8-13, who have a sibling with special health and/or developmental needs to make friends, receive support, and have fun!
- Participants will need to register with Parents Reaching Out by filling out a formal registration form.
- The registration from can be downloaded or filled out electronically on our website at <u>http://www.parentsreachingout.org/sibshops/%20</u>
- The event will be held at the *Parents Reaching Out* office at 1920 B Columbia Rd. in Albuquerque



Medicaid & EPSDT Seminar - November 17 from 5:30-6:30 pm

- Learn about Medicaid and the required and optional services.
- Learn what EPSDT stands for and what it means for your child.
- Learn about the resources PRO has to offer.
- Question and answer session.
- This event will take place at the Center for Development and Disability at 2300 Menaul Blvd. NE in Albuquerque



Centennial Care Public Forum - November 23 from 1:00-4:00 pm

- On Monday, **November 23, 2015**, there will be a Centennial Care Public Forum with the Medicaid Advisory Committee.
- This meeting will take place from 1-4 p.m. at the Garrey Carruthers State Library in Santa Fe.
- The state is looking forward to hearing our feedback about the first 18 months of Centennial Care in New Mexico.
- For more information regarding this event, please call (505) 827-3102.



The Arc of New Mexico has released their 2016 Legislative Priorities

These include -

- The ABLE Act,
- Maintaining Services,
- the Waiting List,
- Guardianship Services
- Restraint and Seclusion
- For More Information, go to <u>https://www.arcnm.org/monthly-memo/</u> and click on October 2015



The NM LEND Program is looking for family members or self-advocates to participate

You can learn about:

- Public Policy
- Developing Leadership Skills
- Working with Interdisciplinary Teams
- LEND fellows meet every Friday for two semesters at the UNM Center for Development and Disability. For those outside of the Albuquerque Metro Area, arrangements can be made to connect remotely via your home computer.

Using experiential activities, LEND Fellows learn about:

Working on interdisciplinary teams with others from a multitude of disciplines

including: Family Members, Self-Advocates, Special/Regular Education, Medicine, Nutrition, Nursing, Occupational Therapy, Physical Therapy, Public Administration, Psychology, Public Health, Dentistry, Speech-Language Pathology, Social Work, and Others

- Becoming a leader
- Providing family-centered and culturally competent care
- Impacting public policy
- The NM LEND program is currently accepting applications for the Spring 2016 semester. The program would be for the Spring and Fall 2016 semesters.
- Go to <u>www.cdd.unm.edu/nmlend</u> to learn more and apply.
- Please email me at <u>pshingle@salud.unm.edu</u> if you have any questions.



Disability Rights New Mexico has released their FY16 Priorities

The topic areas include:

- Abuse/Neglect/Exploitation
- Assistive Technology
- Brain Injury Services
- Community Based Services
- Employment and Vocational Rehabilitation
- Public Policy
- Mental Health Services
- Self-Determination
- Special Education

To examine their priorities in detail, go to <u>http://www.drnm.org/uploads/PDFs/DRNM%20FY%202016%20Priorities.pdf</u>

Disability Rights New Mexico is looking for participant for two boards

The first board is the Disability Rights New Mexico Board of Directors The second board is for the Mental Health Advisory Council For more information on these boards and to apply, go to <u>www.drnm.org</u>

[concentration concentration c

Keep Interim Committees in Mind

Currently, there are many Interim Committees that cover a wide range of issues such as *Education*, *Finance*, *Jobs*, *Criminal Justice*, *Economic Policy*, *Oversight and Natural Resources*.

• For example, one of the important committees for people with disabilities

is the *Disability Concerns Subcommittee*, which is currently chaired by Senator Nancy Rodriguez and features nine members. To keep track of this specific committee, go to

http://nmlegis.gov/lcs/committee_detail.aspx?CommitteeCode=DISC

 If you cannot attend the meetings in person, but want to contact members of the committee, go to <u>http://www.nmlegis.gov/lcs/committee_display.aspx?CommitteeCode=DI</u> SC to find the members and their contact information.



DDPC Program Descriptions

Center for Self Advocacy

Exciting news and upcoming events at the *New Mexico Center for Self Advocacy* Keep up with our calendar of future events here.

Click here to learn more about the Fall Class

- The Center for Self Advocacy has continued outreach to various schools and is always looking for new places and new people to make presentations. Staff provides informative and unique training to schools throughout the year. If you want Center staff to present at a school near you, contact daniel.ekman@state.nm.us or call (505) 841-4558. **Guardianship Program**

Need a guardian or more information about guardianship? The *Guardianship Program* is a statewide, publicly funded guardianship services program for guardians of last resort for income and resource-eligible incapacitated adults.

The *Guardianship Program* provides guardians, legal services for court proceedings and even trained Mental Health Treatment Guardians. Learn more about the essentials here.

Click here to learn the basics of guardianship.

The website also includes laws and regulations. <u>Go to</u> our website

Federal Program

The Federal Program

addresses five key areas including self-advocacy, education and early intervention, leadership/quality assurance, community action and support and employment.

The organizations funded through the *Federal Program* and others are supported by federal funding <u>Learn more here</u>.

